

The Gospel of Love

A Hermit's "coming out"



By

Teo

La Ermita – The Hermitage



La Ermita – The Hermitage

www.laermita.org

laermita@cox.net

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Our thanks to whomever produced the beautiful cover photo and
left it on the internet!

Gratitude

My blessings of love and gratitude
to all those who have been instrumental
in any way towards my growth process
in integrated love as a human being.
May they all participate in some way,
according to their need,
in the spiritual love blessings that
I have received. We are brothers and sisters
in the Beloved Divine Family.



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Preface

Is our beloved Triune God total unconditional love? We ask the question because there seems to be a conflict in our understanding of whom God is. God as God, in his essence, is totally unconditional love, totally compassionate, totally merciful, totally infinite and all knowing. All these are accepted definitions of our Triune God in their divine essence as well as in their divine personhood.

Yet, at the same time we say, that They, as God, have placed conditions, commandments and obligations on us, even to the point that if we don't comply with what They desire They will punish us.

We do not realize that such language implies that They love us conditionally.

Our problem then is: which is which? Are they conditional or unconditional? It cannot be both if they are truly God.

If we believe that they are totally unconditional love, then, that means that we have to adjust a lot of our thinking concerning them, and especially as it applies to the relationship that exists between us.

But, as we do that, fear hits us, and we shout, "If we have no commandments and punishment, then society is doomed! We need justice!" I did that once in my conversation with Jesus. He simply replied, "If I treated you with justice you'd be in a sorry mess."

Have we ever meditated on why we are here on earth? Have we ever meditated on what kind of world this would be if we all struggled to be love and to share love?

All of us desire to be hugged and loved. And even though we may have a fear existing in our relationship with our Triune God, still deep inside there is a desire to be hugged by one of the Three Persons of God. That makes sense, because we are created in their image and likeness. What a blessing that is!

This little booklet is called *The Gospel of Love*. It is about a loving relationship between Them and us. It is Scriptural, even though passages are rarely quoted. It is a *Gospel* (which means 'good news')

of Their Love that is lived within Them and in us, especially within me. Enjoy it! But most of all, invite Them to come and give you that personal hug while you are still here on earth! Do not be afraid.

And remember as you read, that Jesus said we are to know the tree by its fruit, and St. Paul said that Love fulfills the law.

Chapter 1

In the beginning.....

In the “beginning” there is Love, that wonderful infinite unifying divine power and energy that is the essence of all that is, and of which we have come to know by the name of God.

Eternity continues.

There evolves from within this infinite source of love energy the One whom we have come to know as Father, the male gender of this infinite love energy. As the divine loving essence of God, He always is. As a divine person, He always is, because the divine loving essence is of its very mysterious nature personal, and therefore, in some mysterious way He came forth from within it, and is.

Eternity continues.

As it proceeds, He knew from deep within himself, being nothing but loving divine essence, that it was not good for Him to be alone. So, He brought forth from within his loving divine essence as God the other self, the feminine part of this awesome divine loving essence, who in some mysterious way is always there. She, like him, always is, being an essential part of the very divine loving essence of God. We know her as the Holy Spirit, the feminine motherly expression of that part of divine loving essence, the beloved companion, soulmate, spouse, so to speak, of the Father.

Eternity continues.

Again, as it proceeds, the infinite intimate love between these two Divine Persons united together as One in the Godhead brought forth from within them their Son, their Anointed One, whom we know as the Son of God. He too always is. Thus, from this holy union of oneness of love the Family of God came forth, which also always is in their essence as God, but is now a personal reality, begotten of God, but not made.

Eternity continues.

As it proceeds, these three individual Persons of God, because of their very being Love, which is always shared, began to bring forth from within themselves other forms of themselves, forms that existed within themselves only in thought, so to speak. They created other beings like unto themselves. As God, They could not create any other way.

With the proceeding of the Son from the Father and Mother, the Holy Spirit, the Father is present to another divine Person like unto himself. However, the Mother, the Holy Spirit, did not have a feminine equal to herself within the divine loving essence of God.

So, united together, She and the Father brought forth the angelic world, the world of angel spirits made like unto themselves.

And time began.

The Mother, the Holy Spirit, desired to be an intimate part of their special spirit creation. So, She took to herself, uniting to herself, a created feminine spirit-body, and became one with it. The union of the two natures, that of the Godhead and that of the created spirit, became united as one in the divine person, Mother, the Holy Spirit. That union of intimate love of two natures in one Person she called Sophia.

However, the essence and personhood of all angelic spirits, like that of the divine essence and personhood of God, are of both genders, as is all of God's creation. We call it the "yin and the yang." Everything that They have created has the ability, as They do, to reproduce itself.

In time also, from within themselves They created the physical material world as we know it. And along with it They also created man, another son of God the Father and God the Mother. He was also created in their image and likeness. They created Adam out of their essence. He became their Son's companion.

And so, it came to pass. The Son of God and Adam were one in the Garden of Eden, enjoying daily their relationship with each other and with all the animals that were created. But, Adam was alone. He had no created companion like unto himself.

So, once again, since nothing in the divine loving essence of God is made to be alone, the Son brought forth from within Adam a companion

whom he called Eve. The two, who were of one essence, found themselves individualized as persons; united as one, yet individual as persons.

Together, they lived in loving harmony, conversing daily not only among themselves and all of creation, but also with their beloved spiritual Brother and companion, the Son, along with the beloved Father and Mother Sophia. All were of one family by the power of divine love that was expressed in their loving intimate relationship as persons. All were of the divine essence of love.

In time, within both creations, that of the angelic and human world, things took a different twist.

In the angelic world, one of the angels, because of his great love, became the dearly beloved spouse of Sophia, so to speak, because in the spirit world of unconditional love there is no giving in marriage as in our physical world where conditional love abides. He was known to love Sophia, the Father and the Son more than any other angel.

But with time, he became concerned about their intimate loving union. Slowly, he questioned whether this amazing intimate loving relationship was total unconditional love only. Since it was so powerful and intimate, there had to be a catch somewhere, he felt. They were too much as one.

Eventually, he had no other choice but tell the Father that he had to prove that he was either right or wrong. To do that, he painfully withdrew from the intimate union and presence of his dearly beloved and that of his Father and Brother, the Son. He is known to us as Lucifer.

The same set of circumstances happened between Adam and Eve in this physical world of ours. They too began to doubt about this amazing intimate loving unconditional relationship they had, not only between themselves, but with all three of the Divine Persons of God. We say this because when they ate of the forbidden fruit, which they were asked not to do in order to avoid problems, they realized that they were naked. In other words, the deep inner symbolic source of their personal intimate loving experience expressed in their maleness and femaleness was now challenged in its authenticity.

For both Lucifer and those angels who followed him, as well as for Adam and Eve and their descendants, that part of both created bodies, the symbol of complete unity in intimate unconditional love between lovers, was now an embarrassment.

Not too long ago in our personal prayer, we overheard two dark angels saying to one another that as long as they could keep all of God's intelligent creation from seeing their human sexual organs as a symbol of complete unity in unconditional love, they would control man's ability to love deeply.

As a result, God would no longer be truly loved because his love would be seen as conditional. In other words, the symbol of intimate divine love became the "forbidden" fruit of the Garden.

This situation separated everything. A loving intimate unconditional relationship was no longer the reason for existence, but rather, separation.

The Son's loving companion, Adam, had withdrawn. But the Son said that it was not the end of their wonderful relationship. He promised that in time he would come in person and re-establish that loving intimate relationship.

That wonderful moment arrived when the Son took unto himself a human nature, uniting it with his divine nature and the two became the one person, the Son, the Anointed One, who from then on would be known as Jesus.

Jesus, the Anointed One, talked of love, intimate love. He spoke of their desire to intimately dwell within each of us, just like They did in the beginning. He lived that love because He is that love.

But when He insisted that human nature was to be intimately united again in love with the Divine, we humans, as well as the dark angelic world, could not allow that. Our love as we know it, conditional, in no way was to be united intimately with the Divine Loving Essence of God nor with any of the three Divine Persons of God.

We killed him.

That was not the end. Love has no end. It is the very essence of God. Jesus, as man, was raised from the dead by his Mother Sophia, and then He shared her with us as our divine Mother. Her coming at Pentecost created in all who accepted her, a loving home environment within the heart of each person.

We are love, united intimately in the Divine Family. We are at home within ourselves. We are truly the loving essence of God, made in their image and likeness.

Once again, because of her emphasis on intimate love and being love expressed as Family, her work was bottled up and set aside. But today, it can no longer be. Love can no longer be held back. We are made for a loving intimate and constant embrace with Them, and it will happen.

The day also will soon arrive with Lucifer's return. He has found the truth to his question. Our Triune God is nothing but unconditional love. But many of the other dark angels will wait much longer before being convinced.

The same will happen among us humans.

However, for those who choose to wait there is an eternity available during which, eventually, everyone will return to the Father. We pray that no one takes that long!!! Love can never be destroyed. It is Divine!

Chapter 2

Ah, Love! How Great It Is!

The time has arrived for me to “come out of the closet,” if I may use a popular expression of today, concerning my integrated growth in love as a human being, that means, my growth on the human level and my growth on the spiritual divine level. As we proceed, please remember it is all about unconditional Love. How Great It Is.

When I entered the seminary some 60 years ago the emphasis of spirituality was the absolute need to be pure, that is, free from all sin of the flesh, as it was called. There were moments in which we were told that affection was the gateway to impurity, or hell, and there were lots of moments when the same teaching was expressed nonverbally.

As a result, a young man’s life was filled with fear, fear of his own sexuality, as well as that of others, but even more so, the fear of simply being affectionate towards others with a hug. Shaking hands was the limit.

Recently, at a blessing ceremony for a quinceañera, a young Hispanic girl turning 15, the age of officially entering womanhood, my homily shared thoughts about the wonderful and powerful transition from affectionate love sharing as a child to that of an adolescent, because affection is the gateway to growing in unconditional love. Most of what I will share here was not shared at that celebration because this is intended for adults.

If, at the end, you cannot accept what I have shared, that is okay, because there was a day in my life when I could not accept it either. There is a special moment for everything.

We can agree at the beginning, however, that our understanding today of sharing love affectionately, sexually and spiritually is filled with lots of fear and confusion.

We are aware that a baby cannot survive without experiencing affectionate love. A baby who receives no affectionate love by touching and caressing will most likely die within the first three months of life. It is as necessary to life as the food that it is given to eat.

In fact, it is an experience needed throughout all of life. Without it, we cannot grow correctly, we cannot mature as an integrated human being, both on the physical and spiritual level.

When a child's stomach needs to be filled with food, it tells the inner soul of the body, which, in turn, conveys the message to someone outside of itself.

The same takes place when the child needs to be touched affectionately. The moment the child is picked up and hugged, it quiets down and takes in all the needed affectionate energy of love. When the child has received enough, it is ready to run and play, to share that affectionate love energy and physical strength with others. This is the way we grow.

To repress the feeling of the need for affectionate love, for any reason, is to cause trouble for the child, even though the need may be filled later.

A fear develops unconsciously, and that fear will only create a stronger desire for hugging the next time that it feels empty.

The child who has not had enough hugging and caressing during childhood enters adolescence fearing that it will suffer even more. The feelings of needing to be touched, to be held affectionately, to be recognized as wanted and understood, are increased because the new environment of the adolescent is frightening.

We all know this. We experienced it ourselves. And we have seen it work out in our selfish behavior as well as within our families and friends.

It is also at this stage of adolescence that the young person's sexual maturation enters their physical and emotional growth, which is the next important part of our integration into living the fullness of love in which we are made.

Remember, we cannot forget that we are made in the image and likeness of God who is total unconditional love.

Our sexual organs, as well as all the parts of our whole body, are instruments of the love that we are. True, our sexual organs serve another purpose, such as elimination of the body's waste matter, but in

serving as instruments of love for the person dwelling within, they also share with our body other essential aspects that flow from love.

For example, they have the power to clean the whole body of the negativity caused by the fear and anxiety of every day stress that is dwelling within the cells.

They are able to transform a body, soul and spirit into a calm, peaceful and relaxed person.

They are able to bring healing to those excessive needs of the body, soul and spirit.

Why? Because love, of its very essence, heals, unites.

Just as our whole self needs to experience food and affection in order to relax and continue to grow properly, so also, our body, from adolescence onward, needs to be released from all the tensions and fears that life creates; the fears, tensions and rejections that are making the conscious self uncomfortable living in the body, making it hard to relate to one's self and others with loving compassion.

In other words, we do not feel at home within ourselves.

Yes, it is true that there are many ways of doing this, but our sexuality given to us by our Heavenly Father can share its healing gift in a powerful way.

We also know that if this response is not shared from a loving compassionate heart, the consequence of the action will produce the same negative consequence that it did before filling negatively our need for affection.

The sudden wonderful release of all the fear, tension and anxiety will last only for a few minutes, after which they return with even a greater need, a need that screams for more and more, regardless of the consequences.

These negative consequences do not happen when we function from unconditional love for self and others.

Love is everlasting because it is God. It is Divine. Therefore, the consequences flowing from an action shared because of love will continue to dwell within us, bringing more healing to the inner self where those fears exist. Thus, we are able “to know the tree by its fruits” as Jesus taught us.

Entering adulthood after adolescence is not easy for any of us. The desire to be loved, to feel love, and to share love is so strong that we will naturally have a struggle with keeping it within the boundary of unconditional love as we share it in whatever degree or way with the self, others, and even with our beloved heavenly Father, Mother Sophia, and Jesus our Brother.

How can it be any other way since our Heavenly Parents have shared with us the most powerful experience that exists within them as they live their Divine Family life in the Trinity.

The struggles we have are very clear to us. We witness it all around us. But, we need to understand it all in a different way so that we can bring healing to the excessive selfish love desires that wish to replace the true self love in our lives as adults.

In other words, we need to understand that it is not the parts of the body that are evil, rather the egoistical desires of our heart.

Neither can we forget that the second commandment is to love our neighbor as our self.

Whether hetero or gay, we are going to have conflicts and difficulties because we all have grown up with fears of not being loved and accepted sufficiently just as we are.

Our technological world of iPhones and iPads are taking us more into the same world of fear. We find ourselves constantly looking for text messages or searching for emails. “Surely, someone loves us enough to send us a message” we unconsciously think and feel.

But the negative aspect of overdoing these things as we live in our technical world is the lack of personal touching.

Affectionate love that is not shared by touching in some way is not very effective in assuring us that we are loved and accepted.

In fact, we can even find ourselves using modern technology to maintain love at a distance.

The overdoing of all this leads us more into conditional love rather than unconditional love.

St. Paul says that the “Law kills, but Love gives life”, that “Love always fulfills the law,” or as St Augustine said, “love and do whatever you want.”

All these statements are true because the one who loves will never force or try to make another accept his/her way of sharing love when the other does not wish to receive or share.

The very feeling of “force” or “trying to convince” shows that the ego is involved too much.

Therefore, to follow though and win the endeavor would not bring the consequences of healing to each other where it is needed, that is, giving each other more ability to grow in love and compassion.

These quotations are also implying that if two people, who are not legally able to share the depth of such love with someone, do so from real unconditional love, the healing results will flow because love always heals.

I have witnessed in life such kinds of relationships between two people, be they straight or gay. Their loving so-called “illicit” embrace truly made them better loving and compassionate human beings.

Neither did such a so-called illicit relationship create the death of a former marital commitment, which also indicated that that marital commitment was a valid one of love, and not just a contractual one, because the committed marital couple grew more in love with each other.

Our understanding of all this on the human level is very important because our Beloved Triune God wants to love all of us deeply and intimately.

The Song of Songs in the Old Testament and the Gospel of John and his Epistles proclaim this strongly. So do the saints of old who allowed the Divine Persons to touch them intimately in an ecstatic love embrace.

Love being Divine can be expressed only one way, the Divine Way! True, we can abuse that divine way just as we abuse all Their other gifts to us. But since our spirit and soul is dwelling within a body, all the actions that we human beings do to share love are symbolic, in some way, of how they are expressed in the spiritual world.

A hug between those who are only spirits truly unites them in their spirit body as one. It gives them the same loving experience as our hugging another human being. The same with a kiss. And the same with an intimate all-consuming loving embrace.

The degree of union between them depends on the amount of their loving self that they wish to share. No symbol is needed to express this desire.

On the human level our bodies create a physical barrier to our desire to be one within the beloved. As a result, we use symbols in the body to express and convey our desire to share our loving self within the other.

Our hugs symbolize our desire to be one inside the other in love. The length and intensity of the hug will express the quality of the love shared. Our kisses are the same. The union of sexual organs are the same, but by being able to express that union in a physical way, they become a more powerful symbol.

On the human level, we have to use symbols to express the physical reality of the depth of our love unity as one.

Again, in the spirit world, there are no symbols. They totally enter the other in a loving embrace.

When one of the Persons of the Triune God wishes to love us, there are no symbols present. There is only the true reality.

They, being God, already totally dwell within us with all their love even on the physical level. It simply cannot be any other way since nothing can exist outside of God, and they are Love.

Then, when they embrace us with love as we do one another, it is *our whole body, soul and spirit* that is lost in the union of love.

Their love experience flowing from a hug is totally a complete union with our whole being, but at a greater loving experience than what we receive from another human being.

The same with orgasmic ecstasy of deep intimate love.

However, since such an experience with them is within our whole being, our actual sexual organs do not become orgasmic. Our whole being is orgasmic.

There is no symbol here. It is real! And because the Lover is a Divine Person, the actual love experience will always surpass that which we share with another human being no matter how it is shared. They are infinite love within us.

Please do not be frightened.

What I have shared here is the truth. I know it from the intimate loving experiences that I have had with them.

At the conclusion of one experience with our Heavenly Father, He told me that this tremendous love He had for me and shared with me was not just for me. This was the way He wanted to love all His Children.

If we can grasp this, then we will truly begin to understand Jesus' words of desiring a loving intimate relationship with us that John wrote about so well in his Gospel and Epistles.

I share this because it is time that we all grow in deeper love.

Our world has arrived at a very selfish stage. It can only be saved by our being the Divine Love that already dwells within each of us. We only need to allow ourselves to be touched by Them, embrace by them, and then, when we touch others, miracles of healing love will flow abundantly.

This is the Kingdom of God dwelling among and within us.

This is Pentecost lived! Do not be afraid! For this, we were made!

If you are a student of language syntax, allow yourself to search the difference between intransitive and transitive verbs, between the subject and predicates of the verbs.

For example: what is the difference between saying "I love you" and "We are love."

Between saying "I have love in my heart" and "I am the love of my heart."

Between saying "Let's make love" and "Let's be love together."

The difference here is very important. Love is. It cannot be a possession.

If we use language that expresses possession, where is our love?

Neither can it exist in "words."

Love exists when it is shared in someone in some way.

And this applies to our relationship with God.

Finally, you need to know that I do not consider myself a "saint" because of my having experienced such intimate loving relationships with our beloved Lord.

I am still struggling with deeper inner fears as I allow Them to love me even in a more intense intimate way, in a complete and total union of my being.

Where all this will lead me, only They in Their Divine Love know. I rejoice that such love is infinite, never ending, never ceasing to grow! Again, do not be afraid.

Chapter 3

Yes, How Great Love Is

After reading all the above, you might be asking yourself how can you possibly experience something like that. My response is simply: “You are a lover by nature.” “Love is the most important concern within you at this moment.”

Yes, I will admit that my life was not the same as the ordinary white Caucasian male, but it was about love even though I was far from understanding what love is before my world crashed when I was 40. The midlife crisis.

Those first 40 years were spent in making sure that I was the best I could be as a young man, a young priest, a teacher in high school, a principal, pastor, even a novice master.

Despite all my efforts to be successful, it all crashed.

For one whole year, I was devastated, having no idea who I was, but I was well aware that I was buried under the collapse of all that I made myself to be, well fertilized by my own making.

Slowly, a new self arrived, the making of which I had nothing to do. It just came forth. That new self was the “being unconditional love,” not perfectly so, but it was far more being “unconditional” than “conditional” as it was before the crash.

During that time, a young priest taught me to let Jesus come into my imagination, and there, together with Him, I began a new relationship that gave me a new life.

He was real! He was not an historical figure whom I loved. He was real before me. That made the difference.

In that form of prayer, given to us by St. Ignatius of Loyola, the founder of the Jesuits, Jesus is always real. Yes, it happens in the imagination, but his presence there is not created by us. That makes Him real!

And anytime that one doubts His presence, the simple request of praying together the “Our Father” will solve the doubt. Evil will never pray.

A few years later, I was camping out for the week, spending it with Him. Things were normal. On the second day, I was walking through the fields enjoying the presence of mother nature.

Suddenly, I stopped.

Before me, on a leaf, there were two bugs mating. Looking at them joined together, I reached down, picked up the leaf, looked at them with amazement, and then blessed them, telling them to continue sharing with each other, and wishing that their sharing be abundantly fruitful. Placing them back on the ground I walked on.

Later in the day while back at the camp, I began thinking about those two bugs. I was aware that our Father had placed within each of them a small fraction of His love, and since it was love, it drew them together to share it with each other. In that sharing they were lost within each other in an ecstasy of joy that they could enjoy as bugs.

Then, it occurred to me that, moving up a level in creation to the animal kingdom, our Father placed more of His love in each of them, and they too, like the bugs, were drawn together to share that love. Since they were given far more than the bugs, the sharing was more powerful and ecstatic.

Then, it occurred to me that moving up another level in creation, to our human level, our Father had placed even more of His love in each of us, and as a result, we too were drawn together to share that love. Of course, since we were intelligent beings our sharing was far greater, more powerful and ecstatic than all others.

Then, it occurred to me that moving up another level of relationships in creation, to the level of a relationship between our heavenly Father and ourselves, this relationship had to produce an even greater intimate ecstatic union of love that would far surpass any experience between two human beings.

That’s when I stopped!

There came forth from within me, from the bottom of my gut, an anger that I expressed instantly and out loud.

I told my Heavenly Father that I had dedicated my life to Him some 40 years and never once had I experienced any love with him that would even begin to be close to the ecstasy of a human couple's love experience.

I ended the conversation shouting that if He didn't produce one soon, it was good bye!

I was not about to spend the rest of my life without it! If He didn't produce, then He didn't exist! Good bye!

That was it! I was angry, deeply angry. I had been cheated in a relationship, and if it didn't change now, the relationship would change. NOW!

Nothing more was said. I spent the rest of the day doing whatever.

During the night, I woke up startled.

It was dark, so I could not see, but I felt something like a volcano arising in my heart area. It scared me to death! It grew! And when it arrived at a certain size it began to rhythmically emit a substance that was like honey.

As it fell, it poured all over me from head to toe. My whole being was engulfed in this ecstasy of "flowing honey." It was so powerful that I instantly withdrew from the experience.

I just knew that this overwhelming pleasurable experienced had to be sinful in some way, and I wanted no part of it.

I have no idea of how long the experience lasted, but when it was over, I fell asleep.

The next morning and the whole day passed without even bringing the experience back into memory.

That night, the same experience happened again.

My response was exactly the same, a total withdrawal from whatever was happening! When it was over, I fell asleep.

The next morning and whole day passed again without even bringing the experience back into memory.

Then, that night, the same experience happened again. My response was exactly the same, and so was the whole next day.

The next day happened to be a Thursday, the day of our weekly large charismatic prayer meeting at church where I was pastor. I decided to join them for prayer and return to the camp afterwards.

We were a good 30 minutes into the prayer meeting when, once again, the experience of the three last nights at camp began to well up within me.

This time, before I could even throw myself into panic self-protection, a man at the back of the church spoke out loud saying, "My son, this that is welling up within you like sweet honey is my love for you. But it is not something just for you. This is the way I want to love all my children."

To this day, that man does not know to whom he was speaking. But his words were strong. They touched my heart immediately.

My heart knew that it was my Father speaking to me, and I knew instantly that He had answered my demand that He prove that our love relationship was far more powerful than the best and fullest love relationship between two human beings.

He didn't need to do anything more. He had proved his case!

Yes, they do love us beyond our imagination!

Yes, surrendering to their love runs the risk of complete annihilation in life, but we fear the same thing between each other as humans.

How strange it is that the very thing we desire most in life is the very thing that we fear the most in life!

Well, it's not too strange, really. Love is God, and it is the most powerful energy within God! I wonder if They ever feared being annihilated by the other's love like we do?

How can we continue to be satisfied with the words “Jesus loves me”?

Our hearts crave far more than words!

But, so does the heart of our beloved Father, Mother Sophia the Holy Spirit and Jesus the Son of God. How long do they have to wait for us to even allow Them to give us a big hug?

Let’s allow ourselves to be the great love that we are!

And never forget that our discernment of true love experiences dwells in our knowing the tree by its fruit, and our knowing, as St. Paul did, that love fulfills the law.

Bibliography

For those who now have a desire to know and experience more, the following books are highly recommended.

1. The Seven Mansions, by St. Teresa of Avila
2. Defy Gravity, by Caroline Myss
3. Conversations with God, by Neale Walsch
4. After the Ecstasy, the Laundry, Jack Kornfield
5. Putting on the Mind of Christ, by Jim Marion
6. Healing Lost Souls, by William J. Baldwin

Our website offers more. www.laermita.org All are good starters in growing in love!